

Final International Conference

Building Healthier Universities through Positive Psychology

29 September 2026

Paranimf · University of Vic – Central University of Catalonia (UVic-UCC)

Vic (Barcelona), Spain

Venue Paranimf, UVic-UCC	Format Hybrid (On-site & Online)
Registration Free registration required	Online access with Microsoft Teams https://teams.microsoft.com/meet/323220388297113?p=YBD80uEi455u5LTUX0 Meeting ID: 323 220 388 297 113 Password: Da7Hq7cF

Programme

Time	Session
09:00–09:30	Welcome – The Importance of Wellbeing in Higher Education Elisenda Tarrats (UVic-UCC)
09:30–10:00	Happy Power: From Design to Impact Marco Boffi (University of Milan)
10:00–10:30	Students' Voices & Teachers' Voice Annekatrien Depoorter (Artevelde University) Sanna Rönkkö, Ulla-Maija Törmälä (OAMK) & Gabi Mares (Bacău)
11:00–11:30	Coffee Break
11:30–13:00	Keynote: The Future of Positive Psychology in Higher Education David Gallardo-Pujol (University of Barcelona)
13:00	Closing Ceremony & Networking

Project Partners



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Happy Power – Erasmus+ Cooperation Partnership

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