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Patient-centred care

The principles of patient-centred care were first described in 1993. A seminal study was reported in the ground-breaking book, *Through the Patient's Eyes*, in which researchers from Harvard Medical School defined seven primary dimensions of patient-centred care, and subsequently added an eighth dimension. In the broadest terms, patient-centred care is care organized around the patient. It is a model in which healthcare providers form partnerships with patients and families to identify and satisfy the full range of patient needs and preferences.

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