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ICTs to improve the socio-health ecosystem for chronic disease

In recent years, one of the major global health problems has been the increasing incidence of chronic diseases, which are directly linked to the need for constant, individualised care. In chronic diseases, effective patient monitoring is crucial to ensure good quality of life. Information and communication technologies (ICT) can be used for this purpose. ICTs can help in the monitoring and care of patients, diagnosis, and the monitoring and empowerment of all agents related to chronic disease.

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