

INTERNATIONAL WORKSHOP

INTERNATIONAL WORKSHOP ON HIGHER EDUCATION ON HIGHER EDUCATION

Neurocognitive exercise to recover action

Human movement is currently considered an action: a series of motor acts for a specific purpose. It is the product of the systemic functioning of nerve structures, with the integration of motor, sensory and cognitive information. The neurocognitive approach applies this concept of movement to clinical practice. In this workshop, neurocognitive exercises for recovering a specific type of action are presented and analysed, and attendees have the opportunity to try them out.

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