

Course Manual COHEHRE STUDENT COURSE Diversity and Social Inclusion

VIC, CATALONIA, SPAIN
1-5 APRIL 2019

University of Vic – Central University of Catalonia

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SALUTATION

Dear Students,

On behalf of the team, we are glad welcoming you all in our interdisciplinary and international COHEHRE STUDENT COURSE: Diversity and Social Inclusion (DiSI). This event is part of the annual COHEHRE Conference (therefore often referred to as COHEHRE Student Conference) and organized by one of its branch: COHEHRE Academy together with the local host institution: University of Vic – Central University of Catalonia.

This programme offers a unique opportunity for you to meet with fellow students and teaching staff from different countries and professional backgrounds to listen to, discuss and debate the issues around inclusion of the most vulnerable group of people in our societies. This year we are welcoming 65 students and 6 tutors from 12 different countries and 15 different professions!

We hope that participation in this course will turn out to be an exciting learning experience for you and will challenge your professional and personal development!

DiSI Team

- Jordi Naudó i Molist, *University of VIC, Catalonia, Spain* (Local coordinator, tutor)
- Attila Dobos, Semmelweis University Budapest, Hungary (COHEHRE Academy Course Development)
- Filip Dejonckheere, *Artevelde College Ghent, Belgium* (COHEHRE Academy Course Development)
- Ulla-Maija Seppänen, Oulu UAS, Finland (COHEHRE Academy Course Development)
- Margarida Sequeira, Setúbal Polytechnic Institute, Portugal (tutor)
- António Manuel Martins de Freitas, Setúbal Polytechnic Institute, Portugal (tutor)
- Burak Karabey, Dokuz Eylül University, Izmir, Turkey (tutor)
- Emi van Nieuwenhuyse, Artevelde College Ghent, Belgium (tutor)
- Daniëlle Lammers, Rotterdam UAS, Holland (tutor)
- Manou Jacobs, Artevelde College Ghent, Belgium (tutor)

ACADEMIC INFORMATION

I. RATIONALE OF THE PROJECT

At millennial discourses minority-majority issues occupies central position, which are strongly linked to the differences in the meeting of social needs in the society. Cultural difference in itself doesn't mean unequal status, although through the power related nature of majority – minority opposition cultural difference might lead to peripheral status or even segregation. Socio-economic differences relate to different health status and opportunities in access to care. Vulnerable groups are often facing with the problem of "invisibility" drawing from the fact that they are not able to share the "language of discourse" dominated by the leading institutions. Finally, integration in itself seems not to be the golden route in every situation – discussions on it should be reflected more deeply.

Adding to that, the patterns of socio-cultural diversity in itself is going through a kind of diversification resulting in the phenomena called super-diversity. Being fragmented, scattered, tangled, many of our situations and problems could be understood as a result of different intersected disadvantages and oppressions. Intersectionality as a recently revived concept provides us with a proper framework to understand better the context of our future clients.

Drawing from these, the targeted future professionals participate in bridging the social gaps during their everyday work, so the importance of socio-cultural sensitivity, intercultural skills must be highly emphasized in their training.

II. COURSE DESCRIPTION

AIMS

Diversity and Social Inclusion is a program of study aimed at enhancing awareness of different kinds of social inequalities rooted in many different ways of diversity in our contemporary societies. It supports to develop core competences in health care professionals, social workers with the help of an already piloted interdisciplinary model (ICIC) based on blended learning approach. This model could improve the sensibility to differences in cultural, socio-economic and health status, and the unequal distribution of social resources. A final assignment is required to be presented plenary in the last day of the conference, which also serves as the ground for assessment.

METHODOLOGY

The program consists of two parts: the first phase is based on 3 assignments in distance learning, based on a closed Facebook-group. In preparation of the work in Vic, you have to submit assignments in order to be acquainted with the problems related to our topics in the host country, so getting warmed up. Furthermore, you need to cooperate with other students from different countries via this platform in order to do your task and enhance group dynamics.

The second phase is a face-to-face intensive educational activity composed of 5 days, taking place in a context of multicultural interest. During this part, you will visit organizations from the chosen field for your group and face with problems of the above-mentioned origin in the real practice. Hence this process ensures more than observation; you will have the opportunity to get involved with concrete cases trying to contribute to an interdisciplinary based problem solving. During this process you are expected to learn how to implement theoretical knowledge in a multicultural practice. Naturally, it represents severe advantages in your future practice.

During the training, we will use: project work-based methods, field visits, simulation games and frontal learning activities as well. Content wise: 3 keynote lectures, 1 workshop, 2 site visits, 1 simulation game and several oriented or informal sessions of discussion will serve as a basis for your knowledge.

From the very beginning, students will be arranged into 6 multiprofessional & multicultural groups (each of them with 11 in it). Most of the time you are working in these groups.

The central methodology during your fieldwork is based on narrative or life history. It means that after understanding the context, we would like you to find a person who is willing to share her story with you. Through her story you should be able to identify and show the intersecting difficulties of her situation and highlights the strengths and weaknesses of her coping strategies. The goal here is to establish an emic perspective (to see from within) by which you can grasp both (1) how it is like to be that particular person and (2) how this person sees her own problems and possibilities. The knowledge you get in the field of structural and cultural competency will help you to identify the different and intersecting elements of the situation what can and what cannot be improved. It is also important to be aware of your own role in relation to the interviewee! The idea is not to take away only, but to give back as well! So always be sure what your presence, knowledge, personality can give to the person in question.

All the knowledge and experience you get during the course should be summed up in a final presentation (final assignment). You can use various creative methods with digital storytelling as well in your final work, which will serve as the basis for your final evaluation too.

Plenary debate during the Annual Conference:

The final part of the student course is a presentation and a debate on the learning outcomes with the participants of the annual conference (approx. 100 people). It allows the participants to share and discuss what they learned during this programme. Each student group is required to present their experiences in a max. 10 minutes presentation in a creative format.

GOALS & LEARNING OUTCOMES

After completing the course:

- 1. The student defines the central concepts of social inclusion; diversity; structural and cultural competency; intersectionality; super-diversity.
- 2. The student is able to give examples of different kinds of social inequalities in key areas of social life: home life, work, school, healthcare, localities.
- The student describes and is aware about the importance of structural and cultural sensitivity, intercultural communication and cooperation skills as core competences for future professionals.
- 4. The student is able to apply the knowledge by doing case based interdisciplinary grounded problem solving.
- 5. The student understands the responsibility what comes from research, and in participating the life of the studied group of people.

III. PREPARATORY ASSIGNMENTS

You can find it through the following link: https://mon.uvic.cat/cohehre-2019/files/2019/03/Welcome-letter-COHEHRE-Vic-2019-3-1.pdf

IV. ASSESSMENT

The course was designed to be worthy of 3 ECTS at bachelor level. However, it is always your institution that can decide about the compatibility and acceptance of the programme. By the end, we will issue a certificate with the indication of the level of accreditation and your achievement.

THE GENERAL COURSE REQUIREMENTS:

- Active participation in all events and elements of the programme including module 1 (distance learning)
- Active participation in your group work
- Accomplishment and presentation of the final assignment

EVALUATION CRITERIA FOR THE FINAL ASSIGNMENT:

- 1. The presentation focuses on one or more of the central concepts of the course:
 - a. social inclusion/exclusion,
 - b. super-diversity,
 - c. intersectionality,
 - d. equity, inequalities
 - e. structural violence
- 2. The presentation builds around a life history in one of the investigated key areas of the course.
- 3. With the presentation the students describe and shows their awareness of the importance of
 - a. cultural competency
 - b. intersectionality
 - c. structural competency
- 4. A good presentation is:

Conscious, action driven, participatory and reflective. With the presentation both the presenter/-s and the audience will become more aware of societal situations through processes of critical consciousness and questioning the existing society / plan actions on how to change it. By questioning where knowledge comes from, it facilitates you (a) to recognize what knowledge is privileged and (b) to understand why it is privileged. Learning includes cycles of reflection and action, that is, praxis;

your task is to think carefully and critically about specific issues of concern that is selected by your group.

5. Presentation skills

Chosen theme fits to an inter-/multiprofessional approach. Your task is to provide possible explanation(s) of causality (why something is like it is) instead of just presenting facts (how it is).

Collaborative. As a group you will contribute towards each other's learning and utilize interpersonal skills such as communication, trust, decision making, and conflict resolution, to achieve common goals. This should be shown in your presentation.

Dialogical. During the process of making your presentation important task is that space is available for all voices to be heard and an open communication takes place. We learn together to find new points of view and understanding about the central phenomena.

Empowering. Presentation should awake and rise thoughts and emotions; it should make audience (both students and teachers) to start thinking in a new way about their own responsibility. In the best possible situation strives to empower audience to become critical, more active citizens, who ask "how can I make the world a better place?" and act in an endeavor to create an equitable world. By giving this interactive presentation, you have the possibility to share what you have learned earlier and during this course about diversity, social inclusion/ exclusion, the society and the importance of communication between different health and social care professionals. Hopefully this will be one step for you to develop tools and skills suitable for you to transform to your own lives and our society.

Creative. Your presentation needs to be done in a creative and interesting way. This is not a "normal" presentation, but short and smart presentation that raises the interest towards the subject chosen by you.

Click here for have good ideas for your presentation <u>10 Quick Tips for Effective</u>

<u>Presentations</u>

V. TABLES: SCHEDULE / FIELDWORK / WORKSHOPS /KEYNOTES

SUNDAY EVENING, March 31st. WELCOME DRINK

at hostel Alberg Canonge Collell from 20:00h

MONDAY, April 1th 9.00 - 10.00hWelcome Gimnàs Fs 103 or Patio Tutor: Eva Marichalar

10.00 - 10.15h Coffe Break - M.Torrents Room/Patio

> 10.15 - 11.15h **Keynote: Diversity** Room: Sala Mercè Torrents Speaker: Attila Dobos

> > 11.15 - 12.15h Discussion

B102: Group A: Tutor Emi B103 Group B: Tutor António **B121** Group C: Tutor Daniëlle **B122** Group D: Tutor Burak **B023** Group E: Tutor Margarida M. Torrents Room Group F: Tutor Jordi

12.15 - 12.30h **Break**

12.30 - 14.00h Lunch: Building F

14.00 - 17.00h Baffa Baffa

Room: Sala Mercè Torrents Instructor: Attila Dobos

17.45 - To the end Group A,B,C: Visit to Riera Ordeig Tutor: Daniëlle

> Group D,E,F: Visit Old City Tutor: Emi

19:30 Welcome dinner Hostel Alberg Canonge Collell

TUESDAY, April 2nd

9.00 - 10.45hFieldwork 1 - Page number 14

Visit: La Sinia, Group B. Tutor: António Visit: Fundació PiV: Group B Group C: Tutor: Daniëlle Visit:OSONAMENT Group D: Tutor: Burak

Group A . Tutor: Emi.

Group E: Tutor: Margarida Visit:Fundació PiV Group A

Group F: Tutor: Jordi Visit: CASAL CLARET

Visit:ADFO

11.30 - 12.30h Discussion B102: Group A: Tutor Emi

B103 Group B: Tutor António B121 Group C: Tutor Daniëlle B122 Group D: Tutor Burak

B023 Group E: Tutor Margarida M. Torrents Room Group F: Tutor Jordi

> 12.30 - 14.00h Lunch: Building F

14.00 - 15.00h **Keynote: Inclusion** Room: Sala Mercè Torrents Speaker: Salvador Simó

> 15.15 - 16.15h Discussion

B103 Group B: Tutor António B121 Group C: Tutor Daniëlle B122 Group D: Tutor Burak **B023** Group E: Tutor Margarida M. Torrents Room Group F: Tutor Jordi

B102: Group A: Tutor Emi

17.30 - To the end Group D,E,F: Visit to Riera Ordeig Tutor: Antonio

> Group A,B,C: Visit Old City Tutor: Margarida

WEDNESDAY, April 3th

9.00-10.30h

Workshops Information on the page number 15

> 10.30 - 11h Break -Patio

11.00 - 11.45h

Methodological Support for the Final Assignement Room: Sala Mercè Torrents

11.45 - 12.45h

Intercultural High Tea Room: Sala Mercè Torrents

13.00 - 13.30h

Opening Ceremony Room: Aula Magna Campus Torre dels Frares

13.30 - 14.15h

Keynote: Integrated Care: past, present & future

Room: Aula Magna Torre dels Frares Speaker: Evert-Jan

> 14.30 - 15.30h Lunch: F Building

15.30 - 18.00h

Guided Discussion & Preparation Time

B102: Group A: Tutor Emi B103 Group B: Tutor António B121 Group C: Tutor Daniëlle

B122 Group D: Tutor Burak **B023** Group E: Tutor Margarida B104 Group F: Tutor Jordi

THURSDAY, April 4th

9.00 - 10.45hFieldwork 2 - Page number 14

Group A . Tutor: Emi. Visit: Fundació PiV: Group B Group B. Tutor: António Visit: La Sinia

Group C: Tutor: Damiëlle

Visit: ADFO

Group D: Tutor: Burak Visit:La OSONAMENT Group E: Tutor: Margarida Visit:CASAL CLARET

Group F: Tutor: Jordi

Visit: Fundació PiV: Group A

11.30 - 12.30h Discussion B102: Group A: Tutor Emi

B103 Group B: Tutor António B121 Group C: Tutor Daniëlle

B122 Group D: Tutor Burak **B023** Group E: Tutor Margarida M. Torrents Room Group F: Tutor Jordi

> 12.30 - 13.30h Lunch: Building F

13.30 - 15.30h

World Café Room: Sala Mercè Torrents Instructor: Tutors

15.30 - 17.00h

Preparation Time

B102: Group A: Tutor Emi B103 Group B: Tutor António **B121** Group C: Tutor Daniëlle B122 Group D: Tutor Burak **B023** Group E: Tutor Margarida

M. Torrents Room Group F: Tutor

Jordi

Free time

17.00 - To the end

FRIDAY, April 5th

9.00 - 13.00h Preparation to the Final Assignment

B102: Group A: Tutor Emi B103 Group B: Tutor António *B121* Group C : Tutor Daniëlle B122 Group D: Tutor Burak **B023** Group E: Tutor Margarida M. Torrents Room Group F: Tutor Jordi

> 13.00 - 14.00h Lunch: Building F

14.00 - 14.30h

Last Details – Preparation Every group at their class

14.35 - 15.35h

Students' Presentation B Patio (Building B)

16.00h

Closing Ceremony

Room: Aula Magna Campus Torre dels Frares

> 19.30h Dinner & dance

LEGEND

Welcome

Breaks & Coffee breaks

Keynotes and workshops

Students' work

Lunch

COHEHRE w/staff

Social programme

Fieldwork

9

COURSE SCHEDULE WITH TUTORS, ROOMS AND VOLUNTEERS

1st April- MONDAY

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9:00 – 10:00 Welcome and Ice breaker – Eva Marichalar – Gym Fs 103 or patio
10:00 - 10:15 Break coffee - B Patio
10:15 - 11:15 Keynote: Diversity - Attila Dobos - Room: Sala Mercè Torrents
11:15 - 12:15 Discussion
       Emi B102 Paula P.
       António B103 Anna C.
       Daniëlle B121 Elizabeth H.
       Burak B122 Ariadna G.
       Margarida B023 Ana A.
       Jordi Room: Sala Mercè Torrents Míriam M.
12:15 - 12:30 Break
12:30 - 14:00 Lunch - Building F
14:00 - 17:00 Baffa Baffa - Attila & Burak - Room: Sala Mercè Torrents
17:45 – Social Programme
        Group A, B and C: Visit to Riera Ordeig – Daniëlle Mama G and Laura M.
        Group D, E and F: Old Vic city – Emi Nil B and Míriam M.
** We meet, for the departure, at 17:15h in front of A Building (patio Miramarges).
19.30 - Welcome dinner - Hostel Alberg Canonge Collell
2<sup>ND</sup> April- TUESDAY
9:00 - 10:45 Fieldwork 1 (visits table on page 14)
** We meet in front of Building A (patio Miramarges), at 8:30h, for the departure.
       Emi Group A (La Sínia) Paula G.
       António Group B (Fundiació PiV - B) Yuli C.
       Daniëlle Group C (Osonament) Victoria J.
       Burak Group D (ADFO) Georgina N.
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Margarida Group E (Fundació PiV – A) Ana A. Jordi Group F (Casal Claret) Míriam M.

11:30 - 12:30 Discussion

Emi B102 Paula G. António B103 Yuli C. Daniëlle B121 Victoria J. Burak B122 Georgina N. Margarida B023 Ana A.

Jordi Room: Sala Mercè Torrents Míriam M.

12:30 - 14:00 Lunch - Building F

14:00 – 15:00 Keynote: Inclusion – Salvador Simó – Room: Sala Mercè Torrents

15:15 - 16:15 Discussion

Emi B102 Katiba M.
António B103 MM. Oliver- Celia S.
Daniëlle B121 Mama G.
Burak B122 Nil B.
Margarida B023 Laura M.

Jordi Room: Sala Mercè Torrents Míriam M.

17:30 – Social Programme

Group D, E and F: Visit to Riera Ordeig – António MM. Oliver and Nil B. Group A, B and C: Old Vic city – Margarida Mama G and Laura H.

** We meet, for the departure, at 17:00h in front of A Building (patio Miramarges).

3RD April- WEDNESDAY

9:00 – 10:30 Workshop (workshops table on page 15)

Emi B102 António B103 Daniëlle B121 Burak B122 Meltem B023

Anissa Room: Sala Mercè Torrents

Volunteers for all the rooms: Ariadna G, Elizabeth H and Míriam M.

10:30 - 11:00 Break - Patio

11:00 – 11:45 Methodological support (conceptual frame) for the Final Assignment –

Attila Dobos Room: Sala Mercè Torrents

Volunteers: Ariadna G, Elizabeth H and Míriam M.

11:45 – 12:45 Intercultural High Tea (sharing of sweets/snacks brought by the students from their own countries) - Room: Sala Mercè Torrents

Volunteers: Ariadna G and Elizabeth H.

13:00 – 13:30 Opening Ceremony – Room: Aula Magna (Campus Torre dels Frares)

Volunteers: Ariadna G, Elizabeth H and Míriam M.

13:30 – 14:15 Keynote: Integrative Care: Past, Present & Future – Evert-Jan Hoogerwerf – Room: Aula Magna (Campus Torre dels Frares)

14:30 - 15:30 Lunch - Building F

Volunteers:

15:30 – 18:00 Guided Discussion & Preparation Time

Emi B102 António B103 Daniëlle B121 Burak B122 Margarida B023 Jordi B104

Volunteers for all the rooms: Mama G., and Míriam M.

4TH April- THURSDAY

9:00 – 10:45 Fieldwork 2 (visits table on page 14)

** We meet in front of Building A (patio Miramarges), at 8:30h, for the departure.

Emi Group A (Fundació PiV - B) Paula G. António Group B (La Sínia) Daniëlle Group C (ADFO) Yuli C. Burak Group D (Osonament) Georgina N. Margarida Group E (Casal Claret) Ana A. Jordi Group F (Fundació PiV - A) Míriam M.

11:30 - 12:30 Discussion

Emi B102 Paula G.
António B103
Daniëlle B121 Yuli C.
Burak B122 Georgina N.
Margarida B023 Ana A.
Jordi Room: Sala Mercè Torrents Míriam M.

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12:30 - 13:30 Lunch - Building F
        Volunteers: Paula, Yuli, Georgina, Ana and Míriam.
13:30 – 15:30 World Café – Tutors – Room: Sala Mercè Torrents
        Volunteers: Paula, Yuli, Georgina, Ana and Míriam.
15:00 - 17:00 Preparation Time
        Emi B102
        António B103
        Daniëlle B121
        Burak B122
        Margarida B023
        Jordi Room: Sala Mercè Torrents
        Volunteers for all the rooms: Laura H., Mama G.
17:00 - To the end Free Time
5<sup>TH</sup> April- FRIDAY
9:00 – 13:00 Preparation to the Final Assignment
        Emi B102
        António B103
        Daniëlle B121
        Burak B122
        Margarida B023
        Jordi Room: Sala Mercè Torrents
        Volunteers for all the rooms: Ana A, Paula G and Míriam M.
13:00 - 14:00 Lunch - Building F
        Volunteers for all the rooms: Ana A, Paula G and Míriam M.
14:00 - 14:30 Last Details - Preparation. Every group at their class
        Volunteers for all the rooms: Ana A, Paula G and Míriam M.
14:35 – 15:35 Students' presentation – B Patio – (B Building)
16:00 Closing ceremony – Room: Aula Magna (Campus Torre dels Frares)
19:30 Dinner & dance
La Vila dels Masramon (restaurant) - <a href="http://www.masramon.es/">http://www.masramon.es/</a>
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C/ del Serrat, 08503 Gurb, Barcelona

VISITS TABLE

FIELDWORK 1, APRIL 2nd

| GROUP | DATE | TIME | TUTOR/ Volunteer | CENTRE | TOPIC OF THE CENTRE | ADRESS OF THE CENTRE | WHO RECEIVE AT THE CENTRE | MAIL | WEB |
|-------|------------------------|---------|---------------------|-----------------------------|---------------------------------|---------------------------------------|--|--|-------------------------------|
| Α | April , 2 | 9-10'15 | Emi | La Sinia | Migrant Children | A. Països Catalans 44 938834342 | Gina Codinachs | a8067818@xtec.cat | lasiniavic.cat |
| В | April , 2 | 9-10'15 | António | FUNDACIO P. I V. Group B | Minors with behavioral problems | Alberg; c/senfores 1, vic | Toni Jiménez 685171702 | <u>peretusq</u> @fundacioprojecteivida.org | fundacio projecteivida.org |
| С | April , 2 | 9-10'15 | Daniëlle | OSONAMENT | Mental Health | Josep M. Selva 2 Vic 938895059 | Judith Martínez | jmartinez@osonament.cat | osonament.cat |
| D | April , 2 | 9-10'15 | Burak | ADFO | Disability | Sant Pere, 9. Vic 938833249 | Maria Balasch | adfo @adfo.cat | adfo.cat |
| E | April, 2 | 9-10'15 | Margarida | Fundació P i V. Group A | Poverty | CRAE: Mas La Serra. Taradell (BUS) | Anna Anguera/ Miquel Roman 685171702 | <u>peretusq</u> <u>@fundacioprojecteivida.org</u> | fundacio projecteivida.org |
| F | April , 2 | 9-10'15 | Jordi | CASAL CLARET | Migration | Ramada, 14. Vic 938856924 | Anna Larios 693792627 | <u>casalclaret</u> <u>@casalclaret.org</u> | casalclaret.org |
| | FIELDWORK 2, APRIL 4th | | | | | | | | |
| GROUP | DATE | TIME | TUTOR/ Volunteer | CENTRE | TOPIC OF THE CENTRE | ADRESS OF THE CENTRE | WHO RECEIVE AT THE CENTRE | MAIL | WEB |
| А | April, 4 | 9-10'15 | Emi | FUNDACIO P. i V.Group B | Minors with behavioral problems | Alberg; c/senfores 1, vic | Toni Jiménez 685171702 | <u>peretusq</u> @fundacioprojecteivida.org | fundacio projecteivida.org |
| В | April, 4 | 9-10'15 | António | LA SINIA | Migrant Children | A. Països Catalans 44 938834342 | Gina Codinachs | a8067818@xtec.cat | lasiniavic.cat |
| С | April, 4 | 9-10'15 | Daniëlle | ADFO | Disability | Sant Pere, 9. Vic 938833249 | Maria Balasch | <u>adfo</u> <u>@adfo.cat</u> | adfo.cat |
| D | April, 4 | 9-10'15 | Burak | OSONAMENT | Mental Health | Josep M. Selva 2 Vic 938895059 | Judith Martínez | jmartinez@osonament.cat | osonament.cat |
| E | April, 4 | 9-10'15 | Margarida | CASAL CLARET | Migration | Ramada, 14. Vic 938856924 | Anna Larios 693792627 | <u>casalclaret</u> <u>@casalclaret.org</u> | casalclaret.org |
| F | April, 4 | 9-10'15 | Jordi | FUNDACIO P. i V. Group A | Poverty | CRAE: Mas La Serra. Taradell (BUS) | Anna Anguera/ Miquel Roman 685171702 | <u>peretusq</u> @fundacioprojecteivida.org | fundacio projecteivida.org |

WORKSHOPS TABLE - WEDNESDAY 3rd APRIL

| NUMBER OF WORKSHOP | GROUPS | FACILITATOR | TITLE | TOPICS COVERED | ORGANISATION | ROOM |
|-----------------------|--------|-------------|--|---------------------------------|--------------------------------------|----------------------|
| А | A 1-B1 | EMI | Children on the move | Migrant children | La Sinia | B102 |
| В | A2-B2 | ANTÓNIO | Educatuion Intergration: An Investment For the Future | Minors with behavioral problems | Fundació Projecte i Vida B | B103 |
| С | C1-D1 | DANIËLLE | Mental Health, From body to Mind | Mental health | Osonament | B121 |
| D | C2-D2 | BURAK | Changing Minds: Disability to Ability | Disability | ADFO | B122 |
| E | E1-E2 | MELTEM | Effects on the individual, family and community | Poverty | Fundació Projecte i Vida A | B023 |
| F | F1-F2 | ANISSA | A controversial topic | Migration | Casal Claret | S. Mercè Torrents |

During the Workshops, every group will be divided in two. For example:

Group A – becomes A1 and A2

Group B – becomes B1 and B2 ...

We will join A1 and B1 at the workshop letter A, and A2 and B2 at the workshop letter B...

WORKSHOPS ABSTRACT

1- CHILDREN ON THE MOVE- EMI VAN NIEUWENHUYSE

Arteveldehogeschool Gent, Belgium

Since several years, we can find easily an article in our newspaper or on the internet about 'the migration flow', but what do we exactly know? Did you knew that almost half of the migrants who are on the run are children, many of them unaccompanied by their parents or family members. How are these children dealing with their (traumatic) experiences, the new environment were they arrived/are put, the lack of their family and friends, the cultural and linguistic barriers, the struggle with their identity?

How can we support and empower these children without victimizing them? What are their real needs/struggles?

In this workshop we will go in interaction about this topic.

2-EDUCATION INTEGRATION: AN INVESTMENT FOR THE FUTURE - ANTÓNIO FREITAS

Instituto Politècnico de Setúbal, Portugal

The today phenomenon of cultural, linguistic and religious diversity typifies the educational systems of the great majority of North Western societies. Each of us is different and has a unique history. Our abilities depend on a continuous adaptation to our environment, social rules and living conditions of our environment, family or community. Therefore, inclusive education is not only a change in the classroom is the adaptation of the school environment and policies that should provide an effective response to each student needs enhancing the best of each one. The education integration is a today investment for the future.

3-MENTAL HEALTH; FROM BODY TO MIND - DANIËLLE LAMMERS

Rotterdam University of Applied Sciences – Institute for Healthcare Studies

One in four of us will experience a serious problem with our mental well-being at some point in our lives. Mental disorders are great risk factors for other diseases or physical injuries. Therefore, it is important to understand the link between body and mind, in relation to the development of mental health. This workshop will provide you with some facts and myths about mental health and experience in the link between body and mind.

4-CHANGING MINDS: DISABILITY TO ABILITY - BURAK KARABEY

Dokuz Eylül University - Buca Faculty of Education, Gifted Education Department

We will try to find some answers about "What is disability?", "What is ability?", "Can we change perspective of disability perception?", "Is it possible to find a project for more social inclusion?"

5-POVERTY: EFFECTS ON THE INDIVIDUAL, FAMILY AND COMMUNITY - MELTEM YILDIRIM

Universitat de Vic – Universitat Central de Catalunya

Living in poverty is an experience which impacts many areas of life such as having low income or difficulties to find a job, not having access to health services, not being able to participate in the community, and social isolation. The effects of poverty are not only seen in the individual level, as well as the community experience its negative effects in increased crime rates, risks in diseases prevention, decreased business opportunities due to lack of buyers etc.

In this workshop, we will focus on the main causes of poverty, as well as its effects on the individual, family, and community. Besides, we will talk about the cycle of poverty and discuss the possible prevention methods which may help to break this cycle in order to create noticeable changes among all the members of the community.

6-MIGRATION: A CONTROVERSIAL TOPIC - ANISSA LAMZABI BOU

CAP El Remei – Universitat de Vic – Universitat Central de Catalunya

There are many different reasons why migrations from the early days up to present time took place as they did. Also, Immigration is a very controversial topic in today's society. Everybody has their own opinions, whether they are positive or negative. Well, the truth is there is not one right opinion. Immigration has both its ups and downs. Why would people leave their place of birth or their place of comfort, that's the big question!

KEYNOTES

DIVERSITY – ATTILA DOBOS

(Date: April 1st, Hour: 10.15-11.15 am, Room: Sala Mercè Torrents)

The keynote is going to give a general framework for thinking about sociocultural diversity and

its relation to the problems of equity, equality and just distribution (justice) as it is seen through

the lenses of cultural anthropology and social policy. Particular emphasis will be put on the field

of health and social care, where discrepancies in access to health / services and eligibility are

well known issues. The talk will shed light on the differences and importance of both structural

and cultural competency to understand difficult sociocultural situations better.

Original readings

http://www.ophi.org.uk/wp-content/uploads/Sen-1979 Equality-of-What.pdf

https://www.uio.no/studier/emner/sv/sai/SOSANT2525/h14/pensumliste/vertovec_super-

diversity.pdf

To listen:

https://www.ted.com/talks/kimberle crenshaw the urgency of intersectionality

https://superdiversity.net/2018/12/05/a-very-brief-introduction-to-superdiversity-short-

video/

INNOVATION AND ENTERPRENEURSHIP FOR HEALTH AND SOCIAL PARTICIPATION: IT IS MY

WORLD, IT IS YOUR WORLD - SALVADOR SIMÓ

(Date: April 2., Hour: 14.00-15.00 pm, Room Mercè Torrents)

The keynote will reflect about the main problems that Humanity is confronting. Health and social

professionals need to incorporate innovation and entrepreneurship in their daily practice,

balancing Humanities with new technologies. It is basic to work from the capabilities and

resources of the people we work with to build inclusive, healthy and sustainable communities.

Concrete action research projects will be shared with the students to illustrate the discussion.

INTEGRATIVE CARE: PAST, PRESENT AND FUTURE - EVERT JAN HOOGERWERF

(Date: April 3th, Hour: 13.30-114.15 pm, Room: Aula Magna. Campus Torre dels Frares)

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The introductory presentation to the conference, will provide, from his personal perspective, an overview of changes and challenges in the care sector, in particular, those related to technological innovation. His talk will touch upon many of the issues that will be addressed in the further conference, binding these together and thus providing a framework for policy, research and action.

TUTORS

Each group will have a tutor that will promote the discussion, reflection about the different topics.

Tutors:

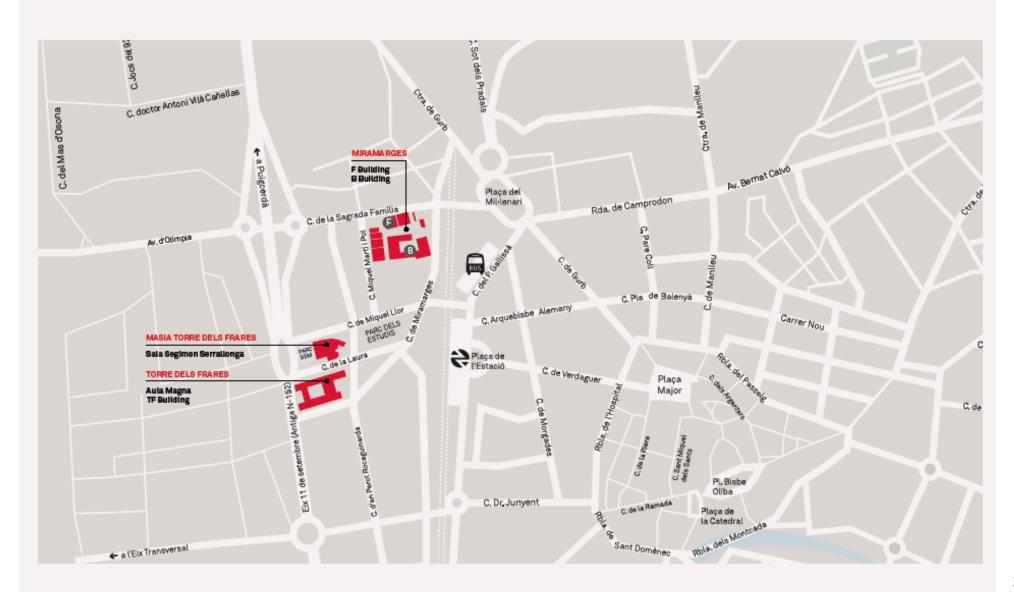
| António Freitas Setúbal Polytechnic Institute antonio.freitas@ess.ips.pt | Jordi Naudó i Molist University of Vic jordi.naudo@uvic.cat |
|--|--|
| Burak Karabey Dokuz Eylül University burakkarabey@gmail.com | Manou Jacobs Artevelde College Ghent manou.jacobs@arteveldehs.be |
| Danielle Lammers Rotterdam UAS d.lammers@hr.nl | Margarida Sequeira Setúbal Polytechnic Institute margarida.sequeira@ess.ips.pt |
| Emi Van Nieuwenhuyse Artevelde College Ghent emi.vannieuwenhuyse@arteveldhs.be | |

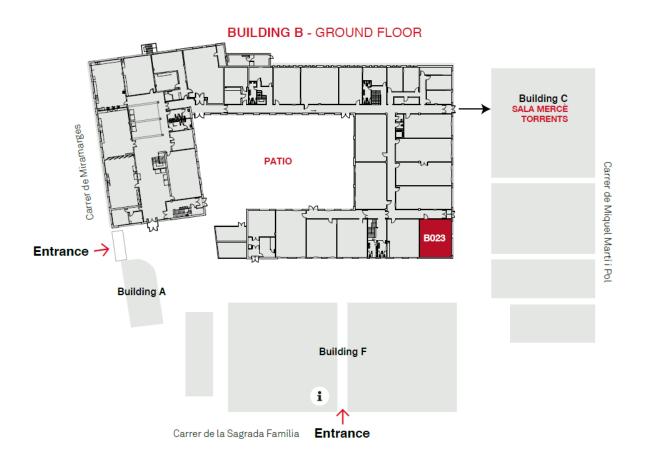
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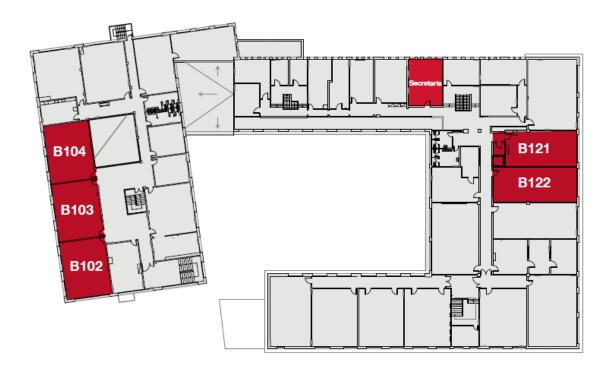
UNIVERSITY OF VIC - CENTRAL UNIVERSITY OF CATALONIA







BUILDING B - FIRST FLOOR



GENERAL INFORMATION

TRANSPORT TO VIC

BY BUS

- Sagalés is a Coach service between Vic and Barcelona that leaves from Carrer Casp, 34 (near Plaça Catalunya)
- Teisa is a coach service between Olot and Vic
- Exibus is a coach service between Lleida and Girona with stops in Tàrrega, Cervera, Manresa and Vic

BY TRAIN

- You can take the train from the Sants and Plaça Catalunya stations in Barcelona on Line 3 to Vic, Ripoll, Puigcerdà and La Tour de Carol (all of which stop at Vic).

BY PLANE

- The closest airports are El Prat, near Barcelona (around 70km from Vic), and Girona Airport (around 60km). For further information please check the AENA (Aeropuertos Españoles y Navegación Aérea) website.

A regular bus service operates between Girona airport and Girona city centre, where you can then catch the Eixbus to Vic; there are also coach services from Girona to Barcelona. A train service runs every 30 minutes from Barcelona Airport to Sants train station, where you can catch a train to Vic (Line 3). There are also buses from the airport to Barcelona city centre (Plaça Catalunya), where nearby (Carrer Casp, 34) you can catch a Sagalés coach to Vic.

BY CAR

To go from El Prat airport to Vic you hate to take the C-31 from the airport's avenue for approximately 2 minutes (1,7 km) then take the B-10, C-33 and C-17 through Barcelona street/N152a. Take exit 57 from C-17 this takes around 56 minutes (81,4 km). Continue from Barcelona Street/N-152a and drive through Sagrada Família Street in Vic, it takes around 4 minutes (3,0 Km).



You don't need any bus for going to the University of Vic. Here, the Albert Canonge Collell Hostel and the others, where you can stay, are very close (10 minutes walking)

You will have to come to the campus every day at 9:00h. Please, don't be late!

Our meeting point will be at the main entrance, in front of the Abacus Shop and next to Sagrada Familia bar – Carrer de la Sagrada Família, 7 (08500 Vic, Barcelona).

IMPORTANT INFORMATION

HOSPITAL

Hospital Universitari de Vic

Address: C/ Francesc Pla el Vigatà, nº1

Telephone: +34 93 889 11 11

Clínica Bayés

Address: Ronda de Francesc Camprodon, nº4

Telephone: +34 93 881 65 00

TAXI

Radio Taxi

Telephone: +34 93 885 50 00

POLICE AND FIREFIGHTERS

Telephone: +34 112

31ST OF MARCH: SUNDAY EVENING WELCOME



You are invited to an informal evening starting at the **Alberg Canonge Collell** in Vic, where you can meet the DiSI team along with a free drink. It will start at **20.00h.**

We'll be waiting for you there!

